

Resource Two: Group Work Self Assessment

To achieve success as a group, members must acquire a certain level of self-awareness and this can be achieved through repeated reflection of one's own perceptions of the group dynamics. Acknowledging one's own positive and negative contributions to this group dynamic offers a starting point for addressing the successes and shortcomings of the group as a whole. Complete the following worksheet and pay close attention to the recurring behaviors that promote successful group work experiences. Indicate your responses using the scale from 1 to 10. Elaborate your reasoning for the score in the comments section below the chart. Answer the numbered questions.

Scale of 1-10 where

10 = highest degree

5 = average degree

1 = lowest degree

Presentation Characteristics	Score
To what degree did you succeed in fulfilling this role?	
To what degree did your success depend on other group members?	
To what degree did you participate with the group?	
To what degree did you respect other members' contributions?	
To what degree did you prepare for this group work activity?	
To what degree was your group successful in completing the assignment?	

Comments:

1. What role were you assigned to play in your group?
2. What did you find most enjoyable about this activity?
3. What did you find most frustrating about this activity?
4. What was the most interesting thing you learned about yourself in performing this exercise?